

Dona de Mim

Origin: Brazil (A ranch dance from Sao Paulo State in southeast Brazil)

Source: Lucia Cordeiro

Choreography: Monica Goberstein

Pronunciation: DOH-nah deh MEEM

Translation: Owner of myself

Music: $\frac{3}{4}$ meter The song is "Sertanejinha" (Country Girl) by Oswaldinho and Marisa Viana

Formation: Couples in a circle, all hands joined and held down. Face CCW. (so that partners get to dance with each other at the beginning of the dance, I suggest that the man is to the Right of the woman)

Steps: both partners do the identical steps (waltz)

<u>Measures</u> :	<u>Counts</u> :	<u>Pattern</u> :
1 – 10		Introduction
		Figure 1:
1 – 4	1 – 12	Move forward with 4 waltz steps (R-L-R, L-R-L, R-L-R, L-R-L)
5	13 – 15	Turn to face partner. Place Right palms together And at the same time do a waltz balance to the Right (step R on the Right foot, step on Left foot behind R and step on Right foot in place.)
6	16 – 18	With Right palms still together, join Left palms under the Right palms and do a waltz balance to the Left.
7 – 8	19 – 24	With both hands still joined change places with 2 waltz steps.
9 – 12	25 – 36	Repeat measures 5 – 8, man turning to Left and woman turning to Right to begin with a new partner.
		Figure 2:
1 – 4	1 – 12	Rejoin hands in a circle and repeat measures 1 – 4, Figure 1.
5 – 6	13 – 18	Face centre with hands joined and held at shoulder level. Dance 2 waltz balances (R, then L) as in measure 5 – 6, Figure 1.
7	19 – 21	Swinging arms forward dance forward with 1 waltz step (R-L-R)
8	22 – 24	Swinging arms down and back dance backward 1 waltz step (L-R-L)

Sequence of dance: Figure 1 twice, Figure 2 twice, Figure 1 twice, Figure 2 four times (the 3rd and 4th time are to instrumental music), Figure 1 once.

Presented by Dale and Helga Hyde

UK Tour March 2017